

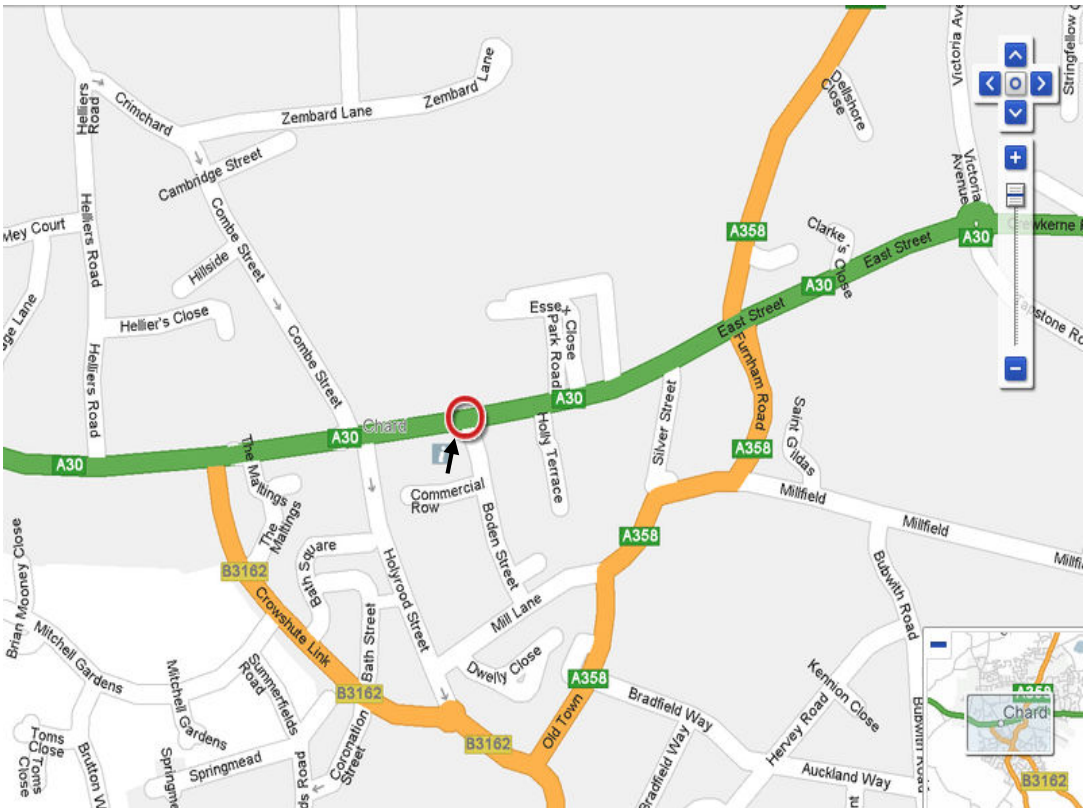


(MCSP, BSc Hons Physiol)

Chard Taunton Wellington Bridgwater Burnham

Chard Clinic

The Averina Centre, 18 Fore Street, Chard, Somerset, TA20 1PP
(Above Boots Opticians)



What to wear for your Physiotherapy Appointment

- Wear something comfortable
- Tie long hair up
- If you have neck, upper back, shoulder, elbow, or hand problems, bring a singlet / tank top (for ladies)
- If you have lower back pain, bring a pair of shorts and a tank top (for ladies)
- If you have hip, knee, ankle, or foot problems, bring a pair of shorts



**For your own personal comfort please
Do NOT wear;**

- ✗ See through or flimsy undergarments

Clinic Contacts

Mobile : 07748 504456

Phone : 0845 6025774

Email: info@mbillphysio.com

Web: www.mbillphysio.com

**Cancellations MUST be made within 24 hours of appointment.
Charges may apply if less than 24 hrs notice is given.**